

#### Staff training and development

- Videoconference facilities are used to promote continuous training & communication among Program Office, overseas experts and all Hospice Units
- Opportunities are provided for the doctors, nurses and social workers from each Hospice Unit to visit Taiwan for a two-week training course
- Overseas experts are invited to Mainland China to bring our staff up-to-date with the latest advances in hospice care
- Qualified Hospice professionals are encouraged to participate in international conferences

#### Continuous assurance of service quality

 Since 2009, a comprehensive assessment system supervised by a credible third party had been introduced to evaluate the service quality of each Hospice Unit

#### Dissemination of Hospice philosophy

- Regular community promotion of the Hospice philosophy
- Increase student volunteer to enrich our service resources and to impart the culture of giving
- Encourage medical schools/universities with affiliations to our Program to implement "Palliative Medicine" as an undergraduate elective subject



them to improve the Hospice Units in their respective hospitals.

On November 18 1998, the first Hospice Unit, named and funded by Mr. Li was set up in Shantou University Medical College-affiliated First Hospital. This started a new era of Hospice Care in Mainland China. Li Ka Shing Foundation National Hospice Service Program provides free palliative care for the impoverished patients with terminal cancer. In order to serve a larger number of terminal cancer patients, the Program has been expanded recently. As of January 2011, 33 Hospice Units had been set up, with 30 Units currently in operation. The respective hospitals provide healthcare professionals and facilities for the Units. Li Ka Shing Foundation contributes about 50 million RMB each year to help about 15,000 patients and has so far supported this National Hospice Service Program in Mainland China with 300 million RMB. Approximately 90% of the recurring cost is for medications. The Hospice Program introduces a feasible palliative care model into Mainland China with far-reaching impacts.



The best of times and the most beautiful of places, is right here, right now, because of you.

#### "HEART OF GOLD" NATIONAL HOSPICE SERVICE PROGRAM OFFICE

Address: Shantou University Medical College, 22, Xinling Rd. Shantou, Guangdong.

Zip code:515041

Tel: (86)754-88900255, 88900300

Fax: (86)754-88900239 Website: www.lksf.org

Email: hospicechina@stu.edu.cn





Anticipating.....



### Introduction

Mission Patient-centered holistic care that improves the quality of life for patients with terminal cancer

Types of services Free home visits, out-patient and counseling services

Scope of service

Pain relief, nursing care, psychosocial and bereavement support, provision of continuous

care for patients and family

Economically disadvantaged patients with **Target patients** 

advanced cancer Management

Program office based at the Shantou University Medical College facilitates and oversees the operation of the national program. It also acts as a coordinating and resource center

www.lksf.org (in English) Website www.hospice.com.cn (in Chinese)

Origin:

When Mr. Li witnessed the intense suffering of his friends hospitalized with terminal cancer under the best care in Hong Kong, he thought of the countless patients in Mainland China without access to such medical attention. If these patients were also poverty-stricken, their misery and afflictions would be even greater. This motivated Mr. Li to start the first Hospice Unit with free medical care in efforts to lessen the associated pain. To make it more acceptable to the Chinese society in general, Mr. Li named this "Ning Yang Yuan" which means a sanatorium that is filled with peace and serenity. **Development:** 

On November 18 1998, the first Hospice Unit to provide free homebased service was set up in Shantou University Medical Collegeaffiliated First Hospital

In 2001, 19 Hospice Units were set up in addition to the pilot site to serve a larger number of patients: the National Hospice Service Program was officially established

In 2007, another 4 Hospice Units were added In 2008, 4 additional Hospice Units were set up

From 2009 to 2010, a total of 5 Hospice Units were created, meanwhile, 3 Hospice Units discontinued their services



How we work

#### **Each Hospice Unit:**

Two physicians, two nurses, a social Staff

worker, a clerk and a driver

Transportation 1-2 vehicle (s)

Funding Supports each Hospice Unit with

1.2 to 1.3 million RMB per year

Service Algorithm (Telephone enquiry) → sign up at a local Hospice Unit →

submit required documents → make home visit appointment → initial assessment → establish medical record and proceed to treatment plan regular follow up by telephone or home visitpatient passes away, bereavement support close case file → case discussions







Waiting for help

Be careful

# **National Hospice Service Program in Mainland China**



## **Distribution of Hospice Units**

At present, the Hospice Units are located in 30 cities of 25 provinces in China, covering over 300 districts and counties. About 220 hospice field workers have served 99,000 patients.





Medical professionals treat the old couple like their own parents

Nursing care

- Despair relieved through pain and symptom management
- Care provision to the disadvantaged in hopes of creating a positive ripple effect in the community
- ♦ Object to euthanasia but view death as a natural process; Hospice is not designed to postpone or hasten death
- Address the psychosocial and spiritual needs of the patient as well as the family
- Assist families to cope with grief and explore a new way of living
- ◆ Function as an interdisciplinary team, including medical professionals, social workers and volunteers, to offer holistic care
- ◆ Promote public education on end-of-life care and improving the awareness of hospice care in the community



Left: Doctor & patient Right: Her father died of cancer, but she is smiling again after bereavement support provided by the Shantou Hospice Unit



## Prospect

- \* Continue to expand service areas to benefit a broader population
- \* Further develop the feasible advanced cancer patient care model in Mainland China
- \* Encourage clinical research in the Program as well as increasing academic exchange and cooperation with overseas counterparts to raise the hospice care standards to an international level
- \* Continue to lobby for "Palliative Medicine" to be recognized as a medical sub-specialty in Mainland China.